



Dow University of Health Sciences

BS-PSYCHOLOGY

**SESSION
2024-25**

PROSPECTUS

Dr. A. Q. Khan Institute
of Behavioral Sciences

[Date]



Prof. Mohammed Saeed Quraishy
Vice Chancellor
Dow University of Health Sciences

MESSAGE FROM THE VICE CHANCELLOR

As the Vice Chancellor of Dow University of Health Sciences, it is my pleasure to welcome you to one of Pakistan's leading medical universities. Since its inception in 2004 with just three constituent colleges, DUHS has grown into a thriving academic institution with over 30 constituent and affiliated institutions, now recognized as one of Pakistan's most comprehensive health systems.

This year, I am particularly proud to announce DUHS's continued progress toward our vision of being a preeminent academic institution dedicated to transforming lives through education, healthcare, and innovation. Our global accomplishments, especially within Asia, are a testament to the hard work of our dedicated faculty, who are committed to enhancing the learning experience and expanding our impact.

Founded as Dow Medical College in 1945, our university has a longstanding tradition of scholarship and service to the community. Today, DUHS offers a broad range of programs, from allied health and biomedical sciences to fields such as pharmacy, physical therapy, medical technology, biotechnology, nursing, public health, business administration, radiology technology, psychology, nutritional sciences, midwifery, and optometry.

Our commitment to academic excellence is reflected in our adoption of cutting-edge technology and the affordable, state-of-the-art healthcare provided by Dow University Hospital and our affiliated healthcare centers, research facilities, and diagnostic labs. We are dedicated to building an infrastructure that promotes innovation and research, preparing us to meet the needs of the future while delivering high-quality healthcare services.

To the incoming freshmen, I am confident that your journey at DUHS will prepare you to contribute with dedication, integrity, and compassion—upholding the highest standards of healthcare, both nationally and globally.

Good luck to each of you as you embark on this rewarding path!



VISION STATEMENT DUHS

*To Be a Pre-Eminent Academic Institution
Committed to Changing and Saving Lives*

MISSION STATEMENT DUHS

*Providing Outstanding Patient Centered Education,
Training and Clinical Care Informed by Cutting
Edge Research and Innovation Generating and
Disseminating New Knowledge*



BS PSYCHOLOGY PROSPECTUS 2024-25

OVERVIEW

For about two decades the Institute of Behavioral Sciences is contributing its share in serving the ailing humanity by offering consultation for patients with psychiatric illnesses and substance use-disorders, under the supervision of well-known, qualified and experienced professionals of psychiatry, psychology and occupational therapy.

The Institute is an integral part of Dow University of Health Sciences as Department of Psychiatry DIMC, DUHS. Currently, IBS plays an active role in the education of Post Graduate students in Psychiatry for FCPS, operating under the DUHS umbrella. Additionally, MBBS and FCPS/MCPS students visit IBS for their clinical rotation in Psychiatry. Moreover, students from various universities specializing in Pharmacy, Psychology, Occupational Therapy, Social Work, and Nursing come to IBS for their professional internships in their respective domains.

In response to the dire need for mental health practitioners in Pakistan, IBS has taken the initiative to introduce a Bachelor of Science in Psychology program. With the increasing prevalence of mental health issues and the limited availability of qualified professionals in the field, it has become crucial to equip individuals with the knowledge and skills necessary to address these challenges. Through our program, we aim to produce highly competent graduates who can contribute to the mental well-being of individuals and communities in Pakistan. By bridging the gap in mental health services, we strive to create a positive impact on the overall health and quality of life of our society.

OBJECTIVES:

BS Psychology program aims to:

1. Develop a comprehensive understanding of fundamental theories, principles, and concepts in psychology.
2. Acquire skills in psychological assessment and evaluation, including administering and interpreting psychometric tests.
3. Foster critical thinking and analytical skills to evaluate psychological research, apply evidence-based practices, and address psychological and social issues.
4. Promote ethical and professional behavior in the practice of psychology, adhering to ethical guidelines and standards.
5. Encourage commitment to community service and contribution to society.
6. Provide hands-on experience and practical application of psychological theories through internships, research projects, or fieldwork.
7. Prepare students for the growing demand for psychologists in areas such as hospitals, academia, industries, and public sector organizations.



CAREER PROSPECTS/OPPORTUNITIES

The scope of psychology in Pakistan is being progressively valued with time. It is an interdisciplinary subject because it shares its boundary with more than a few other subjects such as social sciences, life sciences, and artificial intelligence. Needless to say that as a line of work, the field of psychology has no bounds. There are many different options available to **BS-Psychology** degree holders, depending on focus and interests.

- Psychologist
- Psychotherapist
- Social Worker
- Counselor
- Educational Psychologist
- Human Resource Manager
- Academia
- Research roles
- Media roles
- Sports Industry

RECOGNITION BY THE GOVERNING BODIES/COUNCILS

DUHS offers HEC approved program.

Eligibility Criteria :

- HSSC (Arts/Science/Commerce/Home Economics) or equivalent examination (e.g. A-Level, 12th grade etc) duly certified by IBCC with minimum 60% marks.
- Candidate's PRC & Domicile of Sindh

Fee Structure of BS-Psychology

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Fee Type	Fee Amount
Admission Fee	45,000
Tuition Fee	156,873
Transportation Fee (Optional)	43,000
Documentation Verification Fee (Once Only)	2,500
Library Fee (Yearly)	10,000
Student Activity Charges (Yearly)	10,000
Total with Transport	267,373
Total without Transport	224,373

RULES FOR THE PAYMENT OF FEE

1. Fees of succeeding years (2nd Year to Final Year) are to be paid within ONE MONTH of issuance of fee vouchers or within the due date provided.
2. In case the fee for succeeding year (2nd Year to Final Year) is not submitted during the given specified time, late payment charges will be charged as follows:

First Month (After Lapse of First Month)	2.5%
Second Month	5%
Third Month	7.5%
Fourth Month	10%

After four months of non-payment, the seat is liable to be cancelled and student will not be allowed to appear in any examination

3. Fee of all categories shall be increased by 10% every year.
4. Fee deposited is refundable as per the Refund Policy guidelines of the DUHS.
5. Taxes will be applied as per the FBR and Government rules.
6. Hostel and Transport fee will be valid till the December of every year.
7. Amounts stated in the fee vouchers are excluded of all Bank charges .
8. The Fee Structure may be revised by the university at any time during the course of the study, due to unavoidable circumstances.
9. Associated fees will be charged as per fee structure.



CURRICULUM

Bachelors of Science in Psychology - Program Curriculum

Semester 1

Course Codes	Course Title	Credit Hours	Type of Courses
ENG311	English-I (Functional)	3	Gen. Ed.
PST312	Pakistan Studies	2	Gen. Ed.
MATH313	Mathematics	3	Gen. Ed. (Quantitative reasoning)
BPSY314	Introduction of Management	3	Interdisciplinary
BPSY315	Philosophy	2	Gen. Ed. (Arts & Humanities.)
BPSY316	Introduction to Psychology	3	Major
Total		16	

Semester 2

Course Codes	Course Title	Credit Hours	Type of Courses
ENG321	English-II (Expository Writing/Presentation Skills)	3	Gen. Ed.
ISL322	Islamic Studies/Ethics	2	Gen. Ed.
COM323	Introduction to Computers	3	Gen. Ed. (ICT)
BPSY324	Applied areas of Psychology	2	Major
BPSY402	Schools and Perspectives of Psychology	3	Major
BPSY326	Marketing	3	Interdisciplinary
Total		16	

Semester 3

Course Codes	Course Title	Credit Hours	Type of Courses
STAT431	Introduction to Statistics	3	Gen. Ed. (Quantitative reasoning)
BPSY442	Legal Literacy: Introduction to law	3	Interdisciplinary
BIO433	Fundamentals of Biology	3	Gen. Ed. (Natural Sciences)
ENT430	Entrepreneurship	2	Gen. Ed.
BPSY435	Sociology	2	Gen. Ed. (Social Sciences)
BPSY436	Experimental Psychology	3	Major
Total		16	

[Date]

Semester 4

Course Codes	Course Title	Credit Hours	Type of Courses
BPSY441	Anthropology	3	Interdisciplinary
BPSY400	Lab Experiment	2	Major
BPSY500	Developmental Psychology	3	Major
BPSY434	Social work	2	Gen.Ed. (Civics and Community Engagement)
BPSY401	Biological Basis of Behavior	3	Major
BPSY432	Cognitive Psychology	3	Major
Total		16	

Semester 5

Course Codes	Course Title	Credit Hours	Type of Courses
BPSY403	Mental health and Psycho-pathology	3	Major
BPSY443	Theories of Personality-I	3	Major
BPSY404	Psychological Assessment	3	Major
BPSY405	Psychological Assessment Practical	1	Major
BPSY501	Research Methods - I	3	Major
BPSY502	Statistics in Psychology	3	Major
Total		16	

Semester 6

Course Codes	Course Title	Credit Hours	Type of Courses
BPSY503	Research Methods-II	3	Major
BPSY406	Theories of Personality-II	3	Major
BPSY504	Group research	1	Major
BPSY505	Data Analysis using SPSS	3	Major
BPSY407	Social Psychology	3	Major
BPSY408	Ethics in Psychology	3	Major
Total		16	

Semester 7

Course Codes	Course Title	Credit Hours	Type of Courses
BPSY506	Health Psychology	3	Major
BPSY507	Gender Psychology	3	Major
BPSY508	Cross Cultural Psychology	3	Major
BPSY601	Clinical Psychology	3	Electives
BPSY602	Industrial Psychology	3	Electives
BPSY409	Active Citizenship/Voluntary work/ Community work	Mandatory 1	Major
BPSY509	Research project	2	Major
Total		18	

[Date]

Semester 8

Course Codes	Course Title	Credit Hours	Type of Courses
BPSY510	Positive Psychology	3	Major
BPSY511	Peace Psychology	3	Major
BPSY603	Educational Psychology	3	Electives
BPSY604	Internships in clinical, industrial and education psychology	3	Electives
BPSY512	Capstone Project	3	Major
	Total	15	
Total credit hours of 8 semesters		129	

Summary of course

Type of Courses	Credit Hours
General Education Subjects	30
Allied/Interdisciplinary courses	12
Major	77
Electives	12
Total Credit Hours	129
Duration of Degree Program	4 years
Number of Semester	8
Course Load per Semester	14-18
Number of Courses per Semester	5-7

ASSESSMENT METHODS

- The curriculum has been designed for the semester system of examination.
- 70% of the final exam to be based on BCQs/SAQs and 30% on internal evaluation + viva.

NUMBER OF STUDENTS GRADUATED AND STUDYING TILL DATE

The BS Psychology program received official approval during the syndicate meeting held in September 2022. This approval served as a significant milestone, as it indicated that the program had gained recognition and support from the statutory body of DUHS.

Following the approval, the first batch of 30 students was officially opened, with the academic year commencing in May 2023. This marked the beginning of an exciting chapter for those aspiring to pursue a degree in psychology at DUHS. At current, a total of 56 students are enrolled in the Program (Batch 1: 27; Batch 2: 29).



FACILITIES AND SALIENT FEATURES OF THE INSTITUTE

- Lecture hall, with a capacity of more than 50 students
- Digital Library & lab - DIMC & IBS
- Library Facilities –DIMC & IBS
- Auditorium with a capacity of more than 50 seats
- GYM-DIMC
- Student Counseling services
- Workshops and Training sessions
- IBS also provide supervised internship opportunities to gain field experience.
- DUHS Transportation (Point Service)

STUDENT SOCIETIES

- Community Club
- Events Club
- Literary Club
- Arts & Dramatics
- Media & Musi

FACULTY

Brig. Shoaib Ahmed S.I(M) Rtd.

Executive Director IBS and In-charge
BS Psychology Program
MBBS, DPM, FCPS, Lead Auditor, EMDR expert.

Dr. Wajeha Zainab

Assistant Professor and Program Director
BS Psychology Program
PhD (Clinical Psychology)

Dr. Nida Waqas

Assistant Professor
PhD (Clinical Psychology)

Ms. Rutaba Khan

Senior Lecturer
MPhil (Clinical Psychology)

Ms. Suha Hussain

Senior Lecturer
MS (Clinical Psychology)

Ms. Komal Hayat

Senior Lecturer
MS (Clinical Psychology)

Ms. Arfah Zia

Student Coordinator
MS (Social Work)